

This brochure was developed by Valley View Hospital in an effort to make your transition from hospital to home as smooth as possible.

The following is a list of some of our community resources that may be pertinent to your needs as you return home. The list is not a recommendation or endorsement by Valley View Hospital of any listed agency's quality of care.

Should you have questions about this list, please contact the Case Management Office at 384-6780, Monday thru Friday, 8 a.m. to 3:30 p.m.

Home Health Care

Services of these agencies include nursing care, physical therapy, home health aids, speech and occupational therapy.

Alpine Home Health 970-945-2838
Fax 970-945-9307

Aspen Home Health 970-947-5201
(Private duty: private pay and some insurance)

Bristol Cone (Frisco) 970-668-5604
(Summit & Eagle County)

Columbine Home Health 970-945-8050
Fax 970-945-8098

Home Care of the Valley (Basalt) 970-927-6650

Home Care of the Valley (Edwards) 970-569-7455

Home Instead 970-243-0200

Our Nurses 970-927-3097
(Private duty: private pay, insurance)

Hospice

Alpine Hospice 970-945-2838
Fax 970-945-9307

Hospice of the Valley (Basalt) 970-927-6650

Hospice of the Valley (Edwards) 970-569-7455

Oxygen & Equipment

Oxygen, wheelchairs, bed and other medical equipment rental/purchase

Lincare 970-945-1450
Fax 945-0309

PS, Rifle 970-625-0111
Fax 625-5304

Apria Home Health 970-245-1604

Breath of Life 970-876-1970

AlpinAire Healthcare 970-453-8423

Aerocare (Grand Junction) 970-241-2202

Senior Services

Aspen Home Health/Medic Alert 970-947-5201

Columbine Homemaker 970-948-4102

Philips Lifeline/Medical Alert 800-543-3546

Meals-On-Wheels - Call for information
Glenwood: 970-384-6656
Rifle: 970-625-1510

Senior and Disabled Housing:
Golden Eagle - Eagle 970-328-6970
Glenwood Manor I 970-945-9326
Glenwood Manor II 970-945-8322
Rifle Housing Authority 970-625-3974
Sunnyside Retirement Ctr 970-945-9234
Carbondale Housing Authority 970-963-9326
Silt Senior Housing 970-625-3589

Valley Senior Housing (Parachute) 970-625-3589

Colorado Mountain College Senior Programs:
The Traveler; Nutrition; 970-945-9117
Senior Center RSVP 970-945-9117
Eagle County Senior Center 970-328-1005

Colorado West Mental Health Center
Outpatient Geriatric Mental Health Services 970-945-2583

Assisted Living Centers
Whitcomb Terrace 970-544-1530
Creekside 970-945-5155
Crossroads 970-625-4343
Heritage Park 970-963-3222
Mesa Vista 970-285-1844
Open Gate 970-945-5855
Harmony House 970-928-8262

Storm King Case Management 970-945-2614
Adult treatment and case management

Red Mountain Adolescent & Family Center
970-945-2614

Nursing Homes

Grace Healthcare 970-945-5476
(Glenwood Springs) Fax 970-945-1420

E. Dene Moore Memorial Home 970-625-1514
(Rifle) Fax 970-625-4482

Heritage Park Care Center (Carbondale) 970-963-1500
(Also has Alzheimer's Unit) Fax 970-928-3237
or 970-928-3235

Colorado Veterans Nursing Home (Rifle) 970-625-0842
(Also has Alzheimer's Unit) Fax 970-625-3706

Rehabilitation

Aspen Valley Hospital 970-544-1177
Valley View Hospital (Outpatient) 970-384-7550
Eagle Rehab Services 970-328-1540
New Castle Rehab Services 970-984-9680
Silt Rehab Services 970-876-0900
Roaring Fork Physical Therapy 970-927-9319
Heritage Therapy Services 970-963-5765
Grand River Rehab 970-625-6451
Personal Rehabilitation Center 970-963-6600

Cardiac Rehabilitation

Aspen Valley Hospital 970-544-1383
Valley View Hospital 970-384-7555

Alcohol & Drug Abuse

Glenwood Springs:
Alcoholics Anonymous 970-928-0499
Alanon/Alateen 1-800-356-9996
Colorado West Mental Health Ctr. 970-945-2583
Red Mountain Adolescent & Family Center 970-945-2614
Storm King Case Management Services
Adults treatment and case mgmt. 970-945-2614
Youth Recovery Center 970-384-7470
Grand Junction:
Colorado West Alcohol Recovery Unit 970-245-4213
(Women only)
VA Hospital/Vets Only 970-242-0731
Eagle:
Alcoholics Anonymous 970-328-3240
Colorado West Mental Health 970-328-6969

Community Health

Mountain Family Health Center	970-945-2840
Family Visitor Program (Newborns)	970-945-1234
Early Childhood Connections (ages 0-3 & developmental delays)	970-945-2306
Rocky Mountain Planned Parenthood: Birth control, gynecology, counseling	970-945-8631
Garfield County Public Health Nurse:	970-625-5200 or 970-945-6614
Mountain Valley Developmental Services: (developmental delays)	970-945-2306

Weight Loss Programs

VVH Nutrition Counseling	970-384-7006
HMR Weight Loss Clinic	970-945-2324
Glenwood Medical Associates	970-945-8503
Jenny Craig	1-800-597-5366
Nutri-System	1-888-794-2468
Weight Watchers	1-800-651-6000

Support Groups

Pathfinders Psychosocial Cancer Support	970-925-1226
Coffee, Walk & Talk Cancer-free Survival	970-384-7582 or nrein@rof.net
Cancer Center Support Groups	www.vvh.org
Diabetes Support Group	970-544-7394
Prostate Cancer Support	970-948-9606
Susan G. Komen Foundation Breast Cancer Info & Support	970-920-0250
Hospice of the Valley (Basalt)	970-927-6650
Hospice of the Valley (Edwards)	970-569-7455
Grief & Loss , Contact Marti Duprey	970-618-3043
Caregiver Support Group	
Grief & Loss Resource	
Parent's Grief & Loss	

Diabetic Educators

Grand River Hospital	970-625-6200
Aspen Valley Hospital	970-544-7394
Glenwood Medical Associates	970-945-8503

Social Services

Garfield County Health & Human Services	970-945-9191 or 970-625-5282
Eagle County Health & Human Services	970-328-8840 970-704-2760
Pitkin Co. Dept. of Social Services	970-429-2043
Alpine Legal Services	970-945-8858
Social Security Office	800-772-1213
Lift-Up Thrift Store (Emergency food & shelter)	Rifle 970-625-4888 970-625-2757 Glenwood 945-2005 New Castle 970-984-2115 Carbondale 970-963-1778
Defiance Thrift Store	970-945-0234
Rifle Lift-Up Thrift Store	970-625-2757
Salvation Army	970-945-6976
Advocate Safehouse Project Crisis Number (domestic violence)	970-945-4439
Valley Sexual Abuse Treatment Ctr (Colorado West)	970-945-2583
Catholic Charities and Asistencia Para Latinos	970-384-2060

Transportation

The Traveler; Nutrition; Senior Center RSVP	970-945-9117
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Emergency Number

Ambulance	911
Fire	911
Police	911
Poison Control Center	1-800-332-3073

Community



Resources and Services



Valley View Hospital

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COLORADO 81601 • (970) 945-6535
www.vvh.org

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