



Pediatric Partners

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Bicycle Safety:

Learning to ride a bike is a developmental milestone in the life of a child. Yet all too often children are seriously injured, or even killed, when they fail to follow basic bicycle safety rules.

Make sure your child wears a helmet on every bike ride, no matter how short or how close to home. Many accidents happen in driveways, on sidewalks, and on bike paths. A helmet protects your child from serious injury, and should always be worn.

Riding a bike is fun - if it's done safely. While you may have been lucky enough to survive childhood without a serious bicycle-related injury, you shouldn't count on luck to protect your child.

Wear a helmet.

Use appropriate hand signals.

Respect traffic signals.

Source [www. Healthychildren.org](http://www.Healthychildren.org)

It's Good To Be Vaccinated

An estimated 200,000 people from across the U.S. were part of the SuperBowl in Indianapolis this year, and at least one of them was infected with [measles](#) -- a highly contagious virus. An un-immunized person only needs to be in the same room with an infected person to become infected. This SuperBowl example shows you just don't know when you might be around someone who is infected with a vaccine preventable disease. Thus it is so important to make sure your loved ones are vaccinated.

The [Indiana State Department of Health](#) is tracking two confirmed and two probable cases of measles in the state, including the individual who attended Super Bowl festivities Feb. 3.

Dr. Katie Joy reminds parents that Infant Acetaminophen dosing has changed. Please verify concentration and dosing.



Dr. Katie enjoys adolescent medicine and sees patients in Glenwood, Rifle and Eagle.

The vaccine works which is why we do not hear too many stories like this one. But the virus still exists and is still out there. It is a huge risk to those who are not immunized.

The CDC recorded more than 200 cases of measles in the U.S. in 2011, including outbreaks in Indiana, Kansas, Minnesota and Wisconsin.

Article taken from www.healthychildren.org

"M.D.s for Peewees" (970)-947-9999



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Our Locations

Willits Children's Clinic
711 E. Valley Road, **Basalt**

Eagle Valley Medical Center
377 Sylvan Lake Rd., **Eagle**

Grand River Medical Center
501 Airport Rd, **Rifle**

Pediatric Partners
1905 Blake Ave, **Glenwood**

IMMUNIZATION REGISTRY NOTICE

Your/your child's shot information is being entered into the Colorado Immunization Information System (CIIS), a confidential, statewide immunization record tracking system. You can choose to exclude your/your child's shot information from CIIS at any time. Please ask your healthcare provider for information.

Help prevent Pertussis or Whooping Cough, make sure your Tdap shot is up to date.