

Menu

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The Valley Cafe

WEEK 4

Breakfast: 7:00AM-9:00AM; Lunch: 11:30AM-1:30PM; Dinner: 4:30PM-6:30PM

Monday

Chicken Marsala Shrimp Scampi

French Toast

Omlet Bar Creamy Farro Risotto

Fettucchini

Spaghetti Squash

Baslamic Brussel Sprouts

Tiramisu

Soup: Chicken Noodle Black Bean

Tuesday

Chipotle Lime Brisket

Belgian Waffle Chicken Tinga

Chorizo Tacos

Tortilla Chips Spanish Rice Charro Beans

Mexican Street Corn Salad

Toppings Bar

Cinnamon Cream Churros

Soup: Vegetable Beef Barley **Baked Stuffed Potato**

Wednesday

Jamaican Beef Pepper Steak

Jamaican Jerk Chicken Thighs

Omlet Bar Mango Coconut Rice

Basmati Rice

Curry Roasted Cauliflower

Fried Plantains

Sweet Caribbean Muffin

Soup: Sausage & Kale Tomato Basil Bisque

Thursday

Pulled Pork

Barbacoa Beef

Belgian Waffle

Baked Potato

Jo Jo Potato Wedges

Sauteed Kale

Sauteed Mushrooms

Peanutbutter Cup Pie

Soup: Southwest Tortilla Vegetarian Chili

Friday

Hot Honey Salmon

Tomato Braised Beef

Omlet Bar Herb Moroccan Couscous

Biscuits & Gravy

Huevos Rancheros

Roasted Moroccan Chick Peas

Curry Cauliflower

Baklava

Soup: Clam Chowder Broccoli Cheddar

*Menu is subject to change due to availability.

Eating Raw or undercooked meat, seafood or egg products can increase the risk of food borne illness