

October 13- 17, 2025

THE VALLEY CAFE

SOUPS

MONDAY

Chicken Noodle
Pumpkin Apple

THURSDAY

Beef Barley
Minestrone

TUESDAY

Beef Tortilla
Corn Jalapeno Chowder

FRIDAY

Chicken Pho
Hot & Sour Soup

WEDNESDAY

Wild Rice Chicken
Cabbage Vegetable

MONDAY

-Sauteed Shrimp
Kalamata Tomato
-Red Wine Braised
Chicken
Mushroom Risotto
Crispy Polenta
Roasted Acorn
Squash & Pepitas
Lemon Butter
Artichokes
Kale Caesar Salad

TUESDAY

TACOS
Pineapple Mahi
Chipotle Birria
Cilantro Lime Rice
Seasoned Black
Beans
Garlic Green Beans
Spinach Apple &
Walnut Salad

WEDNESDAY

Smothered Pork Chops
Blackened Salmon
Mashed Potatoes
Creamy Butternut Orzo
Orange Roasted Carrots
Garlic Lemon Brussel
Sprouts
Roasted Brussel Sprouts
Tri Color Salad

THURSDAY

Braised Short Ribs
Lemon Rosemary
Chicken
Cauliflower Steak
Roasted Beets
Zucchini & Tomatoes
Tomato & Cucumber
Salad

FRIDAY

Sesame Ginger Ahi
Tuna
Hoisen Tamari
Chicken
Sesame Green Beans
Jasmine Rice
Carrot Ginger Salad

DESSERT

MON Pear Crumble
TUES Cinnamon Rice
Pudding
WED Cinnamon Apple
Crumb Cake
THURS Vanilla Chai
Pumpkin Cupcake
FRI Chocolate
Mousse

CONNECT WITH US



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**menus are subject to change from what is posted*