

February 16-20

THE VALLEY CAFE

SOUPS

MONDAY

chicken noodle

butternut curry

TUESDAY

beef tortilla

corn jalapeno cheddar

WEDNESDAY

wild rice chicken

cabbage vegetable

THURSDAY

beef barley

minestrone

miso vegetable

FRIDAY

chicken lemongrass

MONDAY

herbed salmon

red wine braised
short ribs

creamy polenta

wild rice & kale

roasted garlic carrots &
green beans

roasted butternut squash

italian romaine salad

TUESDAY

shrimp fajitas

beef enchiladas

rojo mexican rice

poblano rice

refried beans

sauteed squash & zucchini

roasted corn salad

WEDNESDAY

kung-pao chicken

orange chicken

vegetable fried rice

lo mein

stir fried broccoli &
cauliflower

sweet chili carrots

chinese salad

THURSDAY

ranchera flank steak

harissa chicken thighs

mashed potatoes

roasted potatoes

crispy brussel sprouts

curry cauliflower

garden salad

FRIDAY

bbq pork ribs

chicken tenders

fried pickles

onion rings

mac & cheese

sauteed zucchini &
tomato

coleslaw

DESSERT

MON

tiramisu

TUES

chocolate flan

WED

dessert bars

THURS

chocolate
cake

FRI

sweet corn
cake

CONNECT WITH US



970.384.7007

**menus are subject to change from what is posted*

WEEK 2

THE VALLEY CAFE

SOUPS

MONDAY

turkey chili

tomato basil

chicken tortilla

TUESDAY

corn & black bean

sausage gumbo

WEDNESDAY

green chili corn chowder

THURSDAY

chorizo bean
ginger coconut

FRIDAY

caldo siete mares
white bean kale

MONDAY

chicken parmesan

beef meatballs

mushroom risotto

spaghetti arrabbiata

ratatouille

garlic broccoli

panzanella salad

TUESDAY

carne asada

mahi mahi Veracruz

white onion & butter
rice

seasoned black beans

spicy corn on the cob

chipotle green beans

Mexican salad

WEDNESDAY

ranchero chicken legs
pork loin w/ mushroom
cream sauce

sherry broccolini

honey garlic brussels

herbed mushrooms

green beans & sundried
tomatoes

mixed greens w/ basil
vinaigrette

THURSDAY

spicy chili shrimp

mongolian beef

jasmine rice

sweet chili green beans
sauteed zucchini, squash
& eggplant

crispy broccoli

house salad

FRIDAY

chicken wings

pulled pork

parmesan garlic fries

baked mac & cheese

sweet potato fries

fried zucchini

caesar salad

DESSERT

MON

chocolate
mousse

TUES

tres leches

WED

cheesecake

THURS

strawberry
cake

FRI

lemon bars

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WEEK 3

THE VALLEY CAFE

SOUPS

MONDAY

chicken chowder
lentil spinach

THURSDAY

beef chili
miso mushroom

TUESDAY

beef cheddar tortilla
creamy poblano

FRIDAY

seafood chowder
chickpea zucchini

WEDNESDAY

coconut curry chicken
Winter vegetable

MONDAY

beef root veg stew
balsamic salmon
red mashed potatoes
herbed butter rice
crispy onion
green beans
sweet carrots

warm bacon-
spinach salad

TUESDAY

mojo pork
shrimp diablo
chaufa rice
coconut saffron rice
spicy sweet plantains
chipotle maple
fried brussels
black bean corn
salad

WEDNESDAY

braised beef
gnocchi & peas
chicken florentine
harissa chickpeas
caramelized onion
potatoes
Kale & wild mushrooms
roasted zucchini
caesar salad

THURSDAY

beef & broccoli
sweet soy & wasabi
ahi tuna
fried rice
steamed rice
soy chili broccoli
hoisen carrots
carrot ginger salad

FRIDAY

beef stroganoff
creamy chicken
marsala

cacio e pepe
white beans
buttered egg noodle
carrots & peas
grilled vegetables
tri color salad

DESSERT

MON raspberry jello
parfaits
TUES cinnamon
nachos
WED banana chip
cake
THURS ambrosia
FRI blackout cake

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WEEK 4

THE VALLEY CAFE

SOUPS

MONDAY

Chicken Noodle
Lentil Vegetable

THURSDAY

Lemon Chicken Orzo
Tomato Rice

TUESDAY

Chicken Tortilla
Wild Rice Squash

FRIDAY

Italian Wedding
Minestrone

WEDNESDAY

Creamy Beef Onion
Roasted Poblano

MONDAY

shrimp & sausage gumbo
jerk chicken

dirty rice
cheesy grits

sweet corn casserole
spiced beets
wedge salad

TUESDAY

beef & rice stuffed
poblano
mahi veracruzana
bean stew
spanish rice
quinoa corn chilli
calabacitas
cilantro lime avocado
salad

WEDNESDAY

chicken pot pie
honey mustard
salmon
roasted potatoes
wild rice pilaf
lemon broccoli
creamy green beans
vidalia onion salad

THURSDAY

chicken masala
calabrian shrimp
alfredo
farro vegetable
risotto
pesto cous cous
zuchini & tomato
roasted cauliflower
tomato cucumber
salad

FRIDAY

beef sloppy joe
hot honey chicken
thigh
steak fries
jalapeno corn bread
fried pickles
ratatouille
coleslaw

DESSERT

MON warm cinamon
doughnuts
TUES caramel flan
WED vanilla &
chocolate layer
cake
THURS cranberry orange
cake
FRI raspberry
brownies

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February 9-13

THE VALLEY CAFE

SOUPS

MONDAY

lemon chicken tortellini
tomato parm basil

TUESDAY

chicken black bean
chipotle bean tortilla

WEDNESDAY

red curry chicken
coconut ginger carrot

THURSDAY

NE clam chowder
wild mushroom

FRIDAY

italian sausage
creamy potato leek

MONDAY

lasagna bolognaise
pineapple basil tilapia

lemon parsley potato
basil pesto orzo

roasted garlic green
bean
eggplant pomodoro
caesar salad

TUESDAY

taco tuesday
beef birria
al pastor
crispy fish

rice
chipotle rice

tres bean
tajin butternut

radish avocado salad

WEDNESDAY

skirt steak gremolata
tuna niçoise

potato gratin
herbed potato wedges

crispy brussels sprouts
zucchini & tomato

citrus kale salad

THURSDAY

coconut chicken
beef & snow peas

spring rolls
egg rolls

sweet chili eggplant
lemongrass jasmine rice

carrot ginger salad

FRIDAY

red curry shrimp & peas
green curry chicken

basmati rice & basil
fried rice

sesame broccoli
tri color carrots

roasted carrot chick
pea salad

DESSERT

MON vanilla mousse

TUES stuffed churros

WED berry pudding tart

THURS tiramisu cupcakes

FRI cannolis

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