



A MISSION OF EXCELLENCE

2023 Valley View Report to the Community



VALLEY VIEW





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Letter from
Brian Murphy, MD
Chief Executive Officer



Valley View is proud to keep care local so you don't have to drive long distances or be treated far from home for care. From our hospital and main campus in Glenwood Springs, to care locations across Western Colorado, we continue to expand our services to better care for you, our patients.

In 2023, we opened two new facilities, Valley View Surgery Center in Basalt and Valley View Physical Therapy in Carbondale, to bring care more conveniently to the communities in which so many of our patients work and live. In the hospital, a new four-bed observation unit was built, allowing patients a bridge between their hospital stay and discharge home. We launched outpatient palliative care, a specialized medical care that provides relief from the symptoms and stress of a serious illness. While we have supported hospitalized patients with this service since 2018, we have now expanded this care for patients outside of the hospital."

I share these milestones as they powerfully reflect our commitment to making decisions that drive the health of our patients and well-being of our community. While many other healthcare organizations in the United States are a part of health care conglomerates, Valley View remains fiercely independent, meaning we are not affiliated or owned by a larger healthcare system. As such, we have the autonomy to make decisions that keep critical services close to home and that truly impact and benefit our local community. When you choose your care at Valley View, you affirm our work to remain independent, and we thank you for it.

This report contains many other exciting updates and accomplishments from across the Valley View network of care. As always, I am grateful for our clinical teams and staff who are the backbone of all we do. Thank you also to our volunteers and donors who so generously support Valley View.

A handwritten signature in black ink that reads "Brian Murphy". The signature is fluid and cursive, with the first name "Brian" and last name "Murphy" clearly distinguishable.

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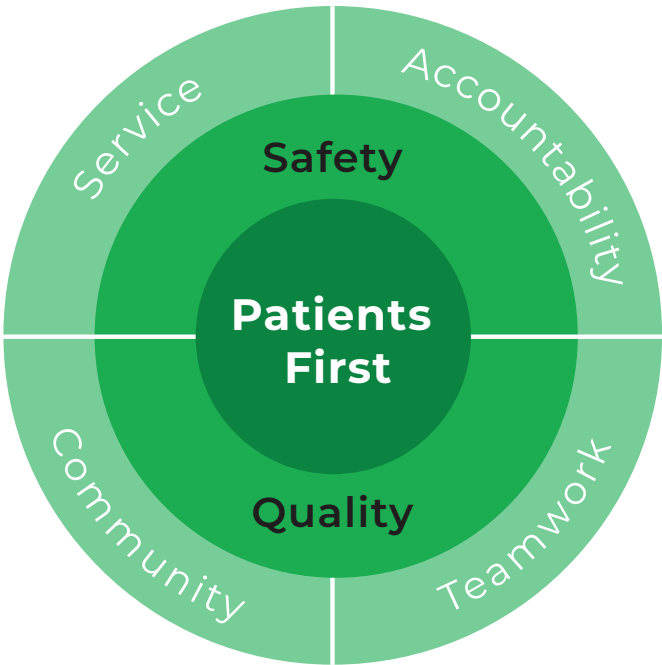
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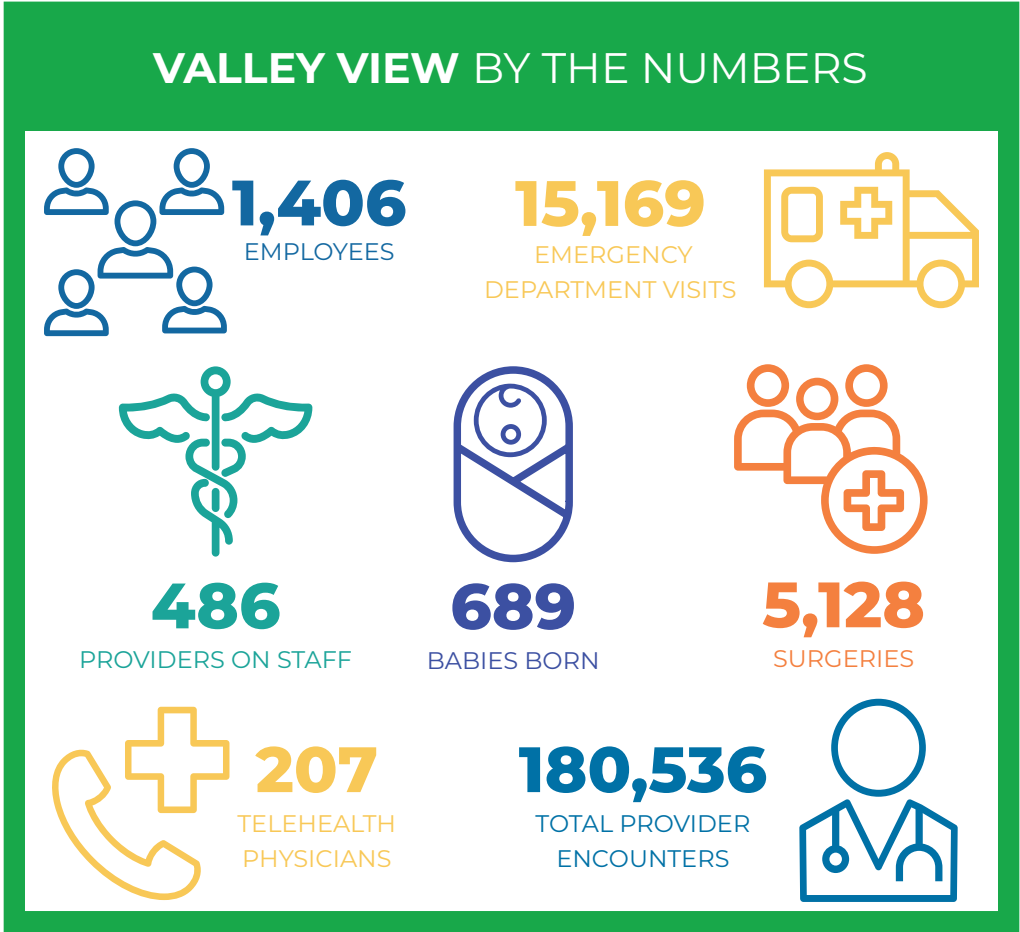
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Our Mission: Caring for you and your family, one patient at a time.
Our Vision: To be the region’s independent healthcare leader.



By The Numbers



2023 Noteworthy Achievements

PATHWAY TO EXCELLENCE RE-DESIGNATION FROM THE AMERICAN NURSES CREDENTIALING CENTER (ANCC)



The Pathway to Excellence designation is a global credential that highlights Valley View's commitment to creating a healthy work environment where nurses feel empowered and valued. Valley View nurses are an integral part of the health care team, with a voice in policy and practice.

Originally designated in 2019, Valley View completed its re-designation process. This included a rigorous assessment ranging from the submission of evidence of interdisciplinary collaboration to provide exceptional patient care to a survey of all Valley View nurses.

NATIONAL AWARD FOR TREATMENT OF HEART ATTACK PATIENTS

The esteemed American College of Cardiology awarded Valley View its NCDR Chest Pain – MI Registry Platinum Performance Achievement Award. Valley View is one of only 262 hospitals nationwide to receive this honor.

To receive the Chest Pain – MI Registry Platinum Performance Achievement Award, Valley View demonstrated sustained achievement in the Chest Pain – MI Registry for two consecutive years and performed at the highest level for specific performance measures. Through full participation in the registry, hospitals engage in a robust quality improvement process, using data to drive improvements in adherence to guideline recommendations and positively impact patient outcomes for heart attack patients.

RE-ACCREDITATION BY THE JOINT COMMISSION

The Joint Commission evaluates and accredits more than 22,000 health care organizations and programs in the United States. An independent, not-for-profit organization, The Joint Commission is the nation's oldest and largest standards-setting and accrediting body in health care. Valley View was proud to be re-accredited by the Joint Commission in 2023.



MAKO **ROBOTIC MILESTONE**

ValleyOrtho reached the milestone of performing 1,000 Mako Robotic Arm surgeries. The Mako Robotic Arm is state-of-the-art technology that allows orthopedic surgeons to precisely perform joint replacement surgery based on each person's unique anatomy. Valley View was the first hospital in the Roaring Fork Valley and Eagle River Valleys to use this medical advancement, starting in 2018.

"Use of the Mako Robotic Arm at Valley View Hospital has been a game changer for my patients," said Dr. Christopher George, Orthopedic Surgeon and Sports Medicine

Physician. "When used for joint replacement surgeries, the Mako Robotic Arm provides each patient with a personalized surgical experience, allowing the surgeries to be more precise, offering better outcomes and patients to experience less pain."



AWARD FOR **BREASTFEEDING EXCELLENCE**

Valley View was awarded the "Colorado Celebrate 6 Award of Breastfeeding Excellence." This award is offered by the Colorado Baby-Friendly Hospital Collaborative at the Colorado Department of Public Health and Environment (CDPHE) to recognize birthing facilities that have implemented evidence-based policies and practices known to increase breastfeeding success and improve maternal and infant health outcomes.



WOMEN'S CHOICE AWARD®
THE VOICE OF WOMEN

2023 **WOMEN'S CHOICE AWARD**

The Women's Choice Award only recognizes the top 10 percent of hospitals in the nation. Valley View was named one of America's Best Hospitals by the 2023 Women's Choice Award in the following categories:

- Best Small Hospitals – Comprehensive Care (25–100 beds)
- Best Hospitals for Heart Care
- Best Hospitals for Minimally Invasive Surgery

The award signifies that Valley View is in the top two percent for best small hospitals in comprehensive care (25–100 beds), top five percent for heart care and top eight percent for minimally invasive surgeries.



CARING FOR THOSE IN NEED

In 2023, Valley View provided \$19 million in charity care. As a nonprofit, independent healthcare organization, Valley View is dedicated to caring for those in need in our community.

From **2013 to 2023**, Valley View's medical staff has grown from **76** to nearly **500**. The addition of these remarkable **physicians, physician assistants, nurse practitioners, nurse midwives and nurse anesthetists** reflects Valley View's powerful commitment to caring for patients through expanded services and new locations.

ALLERGY & IMMUNOLOGY

Robert McDermott, MD
Regan Pyle, DO

ANESTHESIOLOGY

Jeremiah Blankenship, DO
Allison Christie, MD
Aric Jorgenson, MD
Allison Long, MD
Jennifer Potter, MD
David Sanders, MD
Hayes Schlundt, MD
Ann Stumpf, MD
Cheryl Walker, DO

CARDIOLOGY

Marcus Howell, MD
Frank Laws, MD
Ethan Munzinger, MD
Michael Rubinstein, MD

CARDIOTHORACIC SURGERY

Stephen Jones, MD
Ronald Stevens, MD

DERMATOLOGY

Maggie Kober, MD
Kelly Thomas, MD

EMERGENCY MEDICINE

Charles Abramson, DO
Sabrina Adams, MD
Derek Donovan, MD

Brandy Drake, MD
David Hile, MD
Kimberly Levin, MD
Travis Martin, MD
Braden Meason, MD
Marcus Salmen, MD
Michael Stahl, MD
Elizabeth Tai, MD

FAMILY MEDICINE

Casey Aguirre, DO
Angela Ammon, MD
Jennifer Copeland, MD
Corey Dobson, MD
Andrew Gisleson, DO
Anneliese Heckert, DO
Haley Hoffman, DO
Gary Knaus, MD
Glenn Kotz, MD
Coya Lindberg, MD
Karen Locke, MD
David Lorah, MD
Konrad Nau, MD
Juliana Oliveira, DO
Matthew Percy, MD
Crystal Roney, MD
Paul Salmen, MD
Daniel Smith, DO
Lauren Sontag, MD
Kimball Spence, DO
Elizabeth Spidell, DO
Paul Swenson, MD

GASTROENTEROLOGY

Eric Gochanour, MD

GENERAL SURGERY

Brad Nichol, MD

Randall Ross, MD

GYNECOLOGY

James O'Donnell, MD

HOSPITALIST

Viridiana Estrada, MD

Geoffroy Fauchet, MD

Brett Hesse, MD

Susan Inscore, MD

Teresa Johnson, MD

James Lisowski, MD

Marcus Salmen, MD

Lindsay Southgate, MD

INTERNAL MEDICINE

Debra Cihak, MD

Julie Cohen, MD

Susan Cruse, MD

Tess Jankovsky, MD

Steven O'Brien, MD

NEUROLOGY

Jeffrey Thornton, MD

OBSTETRICS/GYNECOLOGY

Lindsay Conner, MD

Brooke Halliwell, DO

Katie Mang-Smith, MD

Emily McCarty, MD

ONCOLOGY/HEMATOLOGY

Alexandra Donovan, MD

OPHTHALMOLOGY

Matthew Ehrlich, MD

ORAL MAXILLOFACIAL SURGERY

Colin Galbraith, DMD

ORTHOPEDIC SURGERY

Robert Adams, MD

Christopher George, MD

Ferdinand Liotta, MD

Thomas Moore, MD, Ph.D

Daniel O'Connor, MD

Tomas Pevny, MD

Michael Potter, MD

Mark Purnell, MD

ORTHOPEDIC SPINE SURGERY

Felipe Ituarte, MD

OTOLARYNGOLOGY

Matthew Goodstein, MD

PAIN MEDICINE

Giora Hahn, MD

PALLIATIVE CARE

Brandy Drake, MD

Shane Lieberman, MD

PATHOLOGY

George Holmes III, MD

Kristen Zhelnin, MD

PEDIATRIC NEUROLOGY

Benjamin Ross, MD

PEDIATRICS

David Brooks, MD

Ellen Brooks, MD

Daniel Galka, MD

Heather Gardner, MD

Kelsea Loveless-Hoffman, MD

Stephen Martin, MD

Heather Reiley, MD

Teri Stevenson, MD

PHYSICAL MEDICINE & REHABILITATION

Caleb Seale, MD

PLASTIC SURGERY

Jennifer Butterfield, MD

PODIATRY

Noel Armstrong, DPM

PSYCHIATRY

Peter Wiley, MD

PULMONOLOGY

Suresh Khilnani, MD

RADIATION ONCOLOGY

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Peter Rossi, MD

RADIOLOGY

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Jason DiCarlo, MD

William Weathers, MD

Harold Young, MD

UROLOGY

Scott Castle, MD

Aashish Kabra, MD

Jamie Lowe, MD

Stephen Williams, MD

WOUND CARE

Garrett Caputo, MD

Michael Duehrssen, MD



Orthopedic Surgeon and Sports Medicine Specialist
Christopher George, MD, with the Mako Robotic Arm

Valley View Leading the Way

While people are at the center of all that occurs at Valley View, technology plays a vital role in the care of patients. From robots in operating rooms to advanced treatment options in a doctor's office, technology can improve the experience of our patients, as well as their outcomes.

Valley View's da Vinci Xi robotic surgical system extends a Valley View surgeon's skill to offer an advanced, minimally invasive option for a variety of surgical treatments. Through the system's cutting-edge instrumentation and vision features, surgeons can perform procedures through smaller incisions in the skin than those made using open surgical techniques. At Valley View, da Vinci is used for gynecology, urological surgery and general surgery, including hernia repair.

Transforming the way partial or total knee replacements and total hip replacements are performed, the Mako Robotic Arm is a state-of-the-art technology that allows ValleyOrtho surgeons to precisely perform joint replacement surgery. The treatment starts with a CT scan and virtual 3D model of the joint. That model is then loaded into the Mako system software to create a surgical plan that is based specifically on the patient's unique anatomy. When the surgeon performs the operation, the robotic arm assists the surgeon to provide precise component placement and alignment of the knee.



General Surgeons, Randall Ross, MD, FACS; Joel Dickens, MD; Brad Nichol, MD, FACS with the da Vinci Xi Robotic Surgical System

Outside of the operating room, ValleyOrtho Surgeon Dr. Tomas Pevny uses advanced technology in his office to help patients with knee pain. Iovera, an FDA-approved, non-surgical, non-opioid osteoarthritis knee pain treatment uses extreme cold to temporarily stop nerves from sending pain signals. Dr. Pevny was the first in the region to use Iovera.

For patients of the Rocky Mountain Urology Center, the UroLift System is a proven minimally invasive procedure to treat an enlarged prostate. It works by holding the enlarged prostate tissue so it no longer blocks the urethra. It is an earlier treatment option that can get men off benign prostatic hyperplasia (BPH) medications and avoid major surgery. It is also the only leading enlarged prostate procedure that does not require heating, cutting or destruction of prostate tissue. The procedure is typically performed as a same-day outpatient procedure, in the office setting, under local anesthesia.



Urologist, Aashish Kabra, MD, awarded with UroLift Center of Excellence Designation

Advanced technology is only as effective as the clinical teams behind it. Valley View surgeons, doctors and their teams have extensive training in the technology in which they specialize. This combination of technology and medical mastery brings better care to all Valley View patients.



Volunteers at Valley View

In September 2024, the volunteer group Threads of Love will celebrate its 20th anniversary of knitting and crocheting shawls, hats and blankets for the patients, staff and community of Valley View.

Threads of Love began when Patty Harris, founding chaplain at Valley View, approached Carol Buick, former Valley View acute care nurse, with the idea to do more for their patients, both those suffering from long-term illness and those welcoming new life. Patty suggested making shawls as an additional act of care. Spurred by Patty's vision, Carol began working with others interested in knitting and volunteering to form the group called Threads of Love.



While some came to the group already knowing how to knit, others came to learn. Carol estimates she and others in the group have taught hundreds of people to knit over two decades. At one point the Threads of Love group grew to more than 30 women, producing more than 350 shawls a year. Today it is estimated the group has made more than 4,000 shawls and touched thousands of lives.

“The best part of gifting a shawl is knowing we are wrapping a patient in love and turning the tide in their attitude for the day,” says Carol.

Threads of Love even began to craft baby beanies, of which legendary Threads of Love knitter Martha Rabe produced close to 2,000 for Valley View newborns.



“What Threads of Love is really about is providing service to the community and to patients at Valley View Hospital in a positive and comforting way outside of medicine,” says Kati Ledall, volunteer coordinator at Valley View. “These blankets, hats and shawls are a way for our nurses and volunteers to care for our patients in a tangible way. When our nurses and staff give a Threads of Love blanket to a patient they are saying, ‘Valley View is thinking of you.’”

Threads of Love is a public group and welcomes new members. The group meets every Tuesday afternoon from 1:30 p.m. to 4 p.m. in the Valley Café at Valley View. For additional information, contact volunteers@vvh.org or call 970.384.6653.

Gifts to the Advanced Technology Initiative elevate patient care at Valley View through the purchase of state-of-the-art equipment and technology. Equipping our care teams with the tools they need to provide world-class, cutting-edge care is essential. Gifts made to the Advanced Technology Initiative in 2023 supported the purchase of the following:

- Additional echocardiogram machine – Heart & Vascular Center
- Two bedside ultrasound machines – Emergency Department and the Critical Care Unit
- EUS curvilinear scope – Endoscopy Center
- Cepheid GeneXpert PCR Analyzer – Laboratory Services
- State-of-the-art beds – Advanced Catheterization Laboratory
- MazorX Neurosurgery Robot and O-Arm CT Scanner – Spine Center

Thank you to the generous donors who made a direct and tangible impact on patients receiving care at Valley View.



Valley View Foundation donors at 2023 Summit Circle Reception

YOUR **GIVING.** YOUR **IMPACT.**

In 2023, donations totaling more than \$134,000 ensured complimentary services and resources for patients of the Calaway•Young Cancer Center including



377 nights OF
lodging MADE AVAILABLE
FOR **cancer patients**
IN NEED



600 grocery
cards MADE AVAILABLE
TO **cancer patients**
IN NEED



600 gas cards
DISTRIBUTED TO
cancer patients
IN NEED



1,100 hours OF
massage AND
acupuncture
SERVICES MADE POSSIBLE TO
cancer patients



OUR LEGACY

Recognizing individuals who help provide for the future of Valley View through their estate plan

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SUMMIT CIRCLE CLUB

Recognizing donors who have given or pledged a lifetime amount of \$10,000 or more

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**names with an asterisk indicate that the donor is a current Valley View employee*



Financial Overview

TOTAL NET OPERATING REVENUE

\$344,444,356

SALARIES, WAGES, BENEFITS

\$158,378,857

SUPPLIES AND OTHER EXPENSES

\$72,842,180

PURCHASED SERVICES

\$67,047,789

DEPRECIATION, AMORTIZATION, INTEREST

\$25,010,220

UNCOMPENSATED CARE PROVIDED FROM CHARITY, MEDICARE AND MEDICAID SERVICES

\$67,686,914

NON-OPERATING REVENUE/EXPENSE

\$33,589,260

