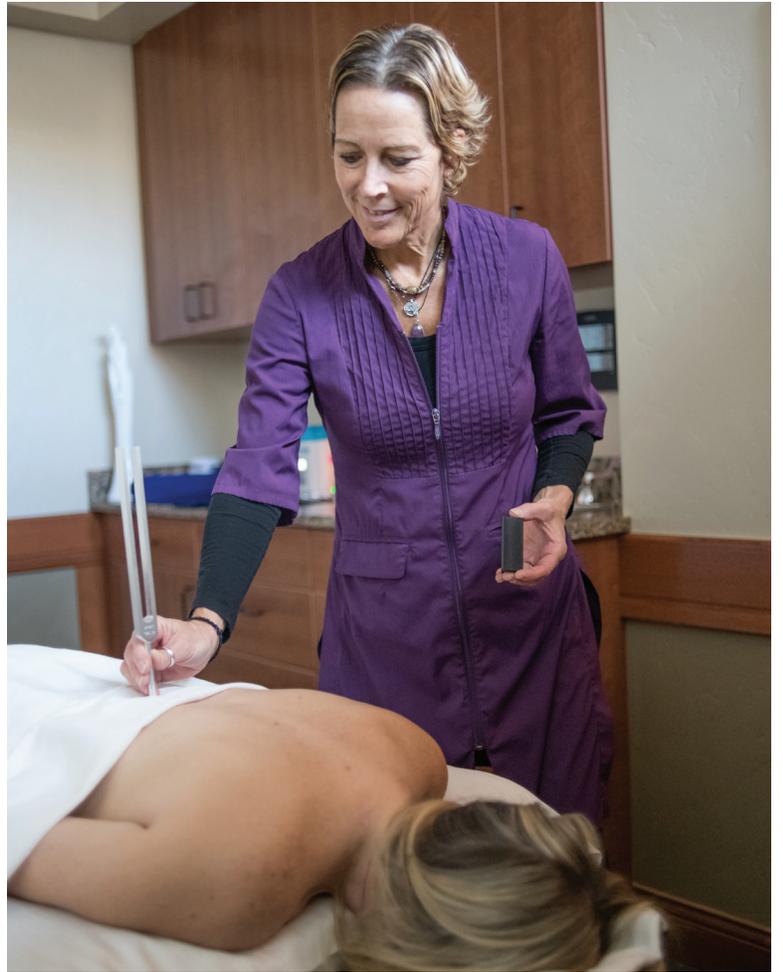


# A MISSION OF EXCELLENCE

2018 Valley View Report to the Community

*PeopleFirst, PeopleDriven, PeopleCare.*





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## A Note

from Gary Brewer,  
Chief Executive Officer

# LIVING OUR MISSION



Glenwood Springs has been blessed for much of its history by a remarkably talented and caring group of medical professionals, from early tuberculosis centers at our local hot springs, to sanitariums for healing from chronic diseases in the early 20th century. Many of you, no doubt, remember the first hospital building off 19th and Blake Avenue. In 1955 that talent was brought together to found Valley View Hospital with a common goal of healing.

Our original 35-bed, 18-room facility now boasts a state-of-the-art cardiac catheterization laboratory, an operating room with advanced minimally invasive technology, a cancer center unrivaled in our region and so much more.

In the last 63 years, plenty has changed in healthcare, but one thing remains consistent: Valley View's commitment to our community, which now encompasses many areas of Colorado's Western Slope.

Valley View fulfills the role of being there when you need us, but also being there to realize healthier communities. We recognize that in order to provide the right care at the right time, we need to be in more places. Our HealthCare Centers in Eagle, Silt and Willits have multiple Valley View physician practices seeing patients every day. We also have satellite clinics for our Heart & Vascular Center in Meeker, Rangely and Grand Junction.

2018 was a year of new opportunities and new approaches to care for Valley View. It was also my last full year as Chief Executive Officer at Valley View. I look forward to passing the reigns over in 2019 to Dr. Brian Murphy, a former Associate Director of the Duke University urology residency program, long-time board member and practicing urologist.

The legacy of the early pioneers of Valley View lives on in the care we provide. Thank you to our community and to the patients who let us into their lives every day to care for them during their most vulnerable times. It is a responsibility we do not take lightly.

With Warm Regards,

A handwritten signature in black ink that reads "Gary Brewer". The signature is written in a cursive, flowing style.

Gary Brewer  
Chief Executive Officer  
Valley View





## *Board of Trustees*

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*Chair and Treasurer*

**Lynn Kleager**  
*Past Chair and Secretary*

**Steve Vanderhoof**  
*Trustee*

**Nettie Avery**  
*Trustee*

**Brian Murphy, MD**  
*Trustee*

**Nicole McDermott, MD**  
*Trustee*

**Mike Fattor**  
*Trustee*



## **CARE PHILOSOPHY**

We are dedicated to focusing on the health of our neighbors. That means we believe in respect, accountability, trust and teamwork, and those ideals together create excellence in a healthy, healing environment.

## **OUR MISSION**

To be the leader for excellence in personalized care and healing.

## **OUR VISION**

To be the destination of choice for all who aspire to heal and be healed.

# 2018 Noteworthy Achievements

## RECOGNIZING CLINICAL INNOVATION AND WHOLE-PERSON HEALTH

In April, the Colorado Academy of Family Physicians (CAFP) honored both Gary Knaus, MD, and the practice he founded over 35 years ago, Roaring Fork Family Practice, for contributions to medicine through practice innovation and service. Dr. Knaus received CAFP's Family Physician of the Year Award and Roaring Fork Family Practice was bestowed with the Patient Centered Innovation Award for the delivery of whole-person care through an integration of behavioral and physical health into their practice. The Family Physician of the Year Award annually recognizes a Colorado family physician who provides outstanding care, enhances their community and is a role model both personally and professionally.

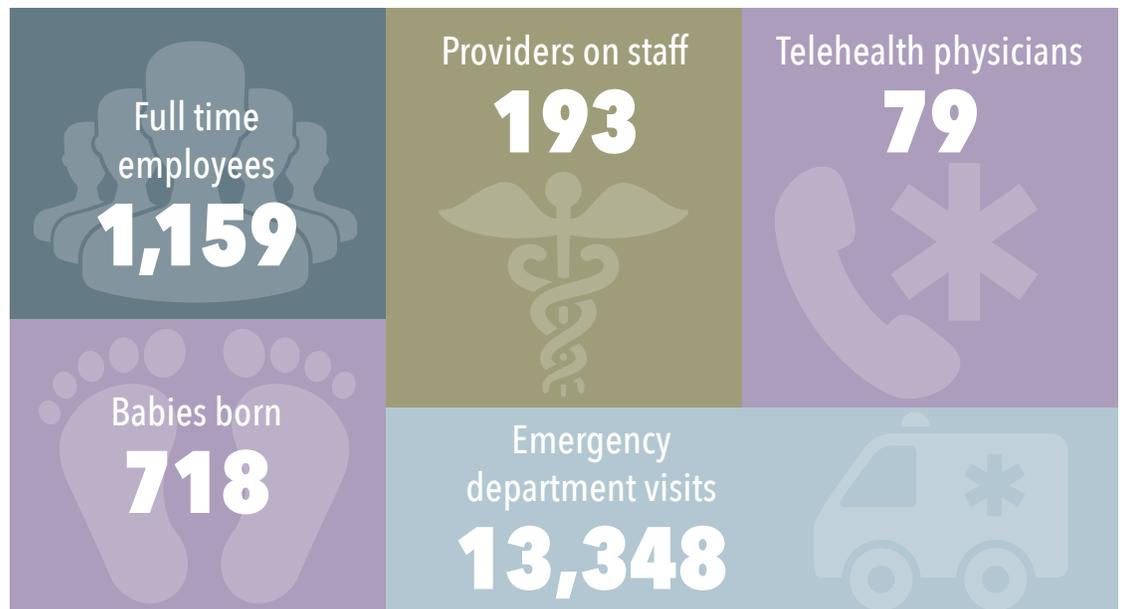
## ACCREDITATION IN NURSING

Valley View's nurse residency program was accredited with distinction

as a practice transition program in April. The practice transition accreditation further validates Valley View's nurse residency program, transitioning registered nurses (RNs) into new practice that meet rigorous, evidence-based standards for quality and excellence. ***Valley View is the first accredited American Nurses Credentialing Center nurse residency program in Colorado.*** Nurses in accredited transition programs promote the acquisition of knowledge, skills and professional behaviors necessary to deliver safe, high-quality care.

## OPIOID REDUCTION IN THE EMERGENCY DEPARTMENT (ED)

The Colorado ALTO Project is an initiative based on the successful Colorado Hospital Association Opioid Safety Pilot, where a cohort of ten hospital EDs decreased the administration of opioids by 36 percent while increasing the use of alternatives to opioids (ALTOs). The ED at Valley View began their work in October 2017 as one of the first EDs



beyond the initial ten pilot sites to test the reproducibility of the initial results. Valley View implemented components from the 2017 Opioid Prescribing and Treatment Guidelines developed by the Colorado Chapter of the American College of Emergency Physicians (ACEP). These guidelines include using alternatives to opioids as a first line of defense in treating patients with painful conditions prior to resorting to opioids. Due to these new protocols and education, ***the Valley View ED saw a 23 percent decrease in opioid prescriptions in the first six months of 2018.***

**UPDATED TECHNOLOGY**

**Mako® robotic arm-assisted technology** is changing the way joint replacement surgeries are performed at the Glenwood Orthopaedic Center. The 3D technology allows surgeons to make a working model of a patient’s specific anatomy, and use that model to guide them during

surgery. “We provide patients with a personalized surgical experience based on their specific diagnosis and injury,” says Orthopaedic Surgeon Dr. Christopher George. Since using Mako®, Dr. George reports less blood loss during surgery, reduced usage of pain medications post-operatively and a quicker recovery.

Described as the next frontier in minimally invasive surgery, the **da Vinci Xi** uses intuitive motion technology that allows surgeons to operate with a steady, natural motion. Minimally invasive surgery has many benefits for patients, including a faster recovery time, less scarring and less pain than with traditional surgery.

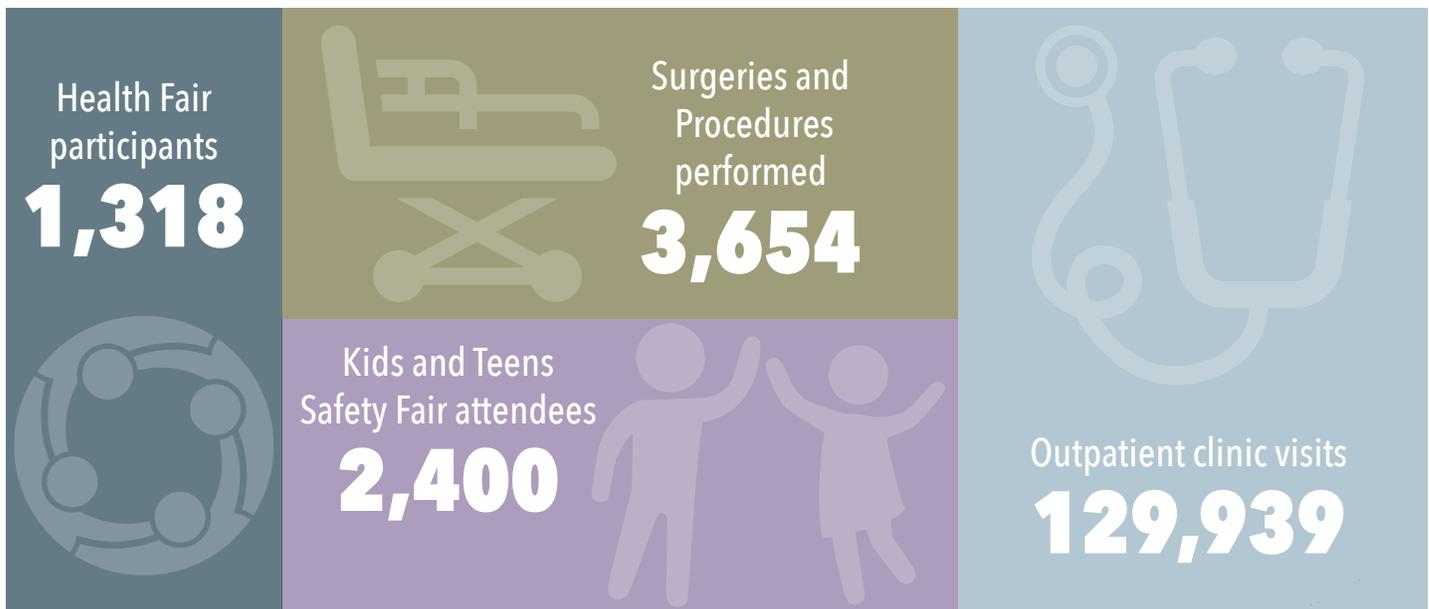
Funded by the Valley View Foundation, the Calaway•Young Cancer Center is now able to offer **Paxman® cold caps** to patients, preventing hair loss caused by certain chemotherapy drugs.

**AUXILIARY GIFT TO CONNIE DELANEY MEDICAL LIBRARY**

Having realized its mission of service and support to Valley View Hospital and the Roaring Fork community, the Valley View Auxiliary concluded its work in 2017. In 2018, ***the Connie Delaney Medical Library at Valley View was the gracious recipient of over \$70,000 of the remaining funds from the closing of the Auxiliary.*** The funds will be used for collection development for the library. The Connie Delaney Medical Library is open to all members of the public and hosts a variety of health-related books and publications.

**CHARITY CARE IN OUR COMMUNITY**

In 2018, Valley View remained committed to providing care to patients who are uninsured, underinsured, ineligible for government assistance or otherwise unable to pay for medically necessary care in our community. In total, ***Valley View provided \$12.3 million in charity care.***



## OUR PROVIDER CODE



As healthcare providers, most of us started down this career path to do one thing: help.

Help our patients through their medical challenges, help our community become healthier through prevention efforts and help each other with the stress and burnout that comes from choosing a career in healthcare.

Provider engagement has been identified as an antidote for burnout. Engagement brings us back to the “why.” Why we pursued a career in helping.

In 2018, Valley View’s medical staff came together to finalize Valley View’s provider code. This code encompasses the very core of what we do, and most importantly, why we do it. Our why is what we believe in. Our goal is to positively impact the lives of those who live in our community, putting patients first. From our veteran physicians to our newest providers, the engagement we feel when we make connections with our patients every day is our why.

How we accomplish our why is through collaboration, engagement, leadership and shared accountability (known as Just Culture in our world).

What we do to get to our why is through teamwork, community, safety, service, quality and accountability.

Our obstetricians and certified nurse midwives used teamwork to work across multiple disciplines to train with simulations on improving outcomes on postpartum hemorrhages.

Our providers celebrated community by leading open community talks on such things as joint replacement, robotic surgery, breast cancer and prenatal classes.

Our surgeons practiced safety by taking a hard time out prior to each procedure to ensure the accuracy of the information they have.

The providers at Valley View improved service by engaging in a skill building platform to better develop the skills of communication and collaboration.

Our emergency physicians used quality to reduce the number of opioid prescriptions we were administering to our patients and instead, provided them with non-addictive alternatives for pain management.

The providers across our organization used accountability to partner with administration to improve cost and accessibility to our community.

For me, the provider code is a reminder of why I chose to pursue a career in medicine. My why is found on the faces of my pediatric patients and in the deep connections I’ve found in this community.

A handwritten signature in blue ink that reads "David".

David Brooks, MD  
Chief Medical Officer



# - 2018 ACTIVE MEDICAL STAFF -

## **ADDICTION MEDICINE**

Mary Patterson, ANP

## **ALLERGY & IMMUNOLOGY**

Robert McDermott, MD  
Regan Pyle, DO

## **ANESTHESIOLOGY**

Michael Barnes, MD  
Allison Christie, MD  
Seth Kingston, MD  
Allison Long, MD  
Nicole McDermott, MD  
Hayes Schlundt, MD  
Ronald Stevens, MD  
Derick Beiswanger, CRNA  
Ryan Nau, CRNA  
Katherine Tegtmeyer, CRNA

## **BREAST SURGERY**

Elizabeth Brew, MD

## **CARDIOLOGY**

Marcus Howell, MD  
Qaisar Khan, MD  
Rebecca Laird, MD  
Frank Laws, MD, FACC  
Michael Rubinstein, MD  
Julianne Doherty, PA-C  
Leslie Bean, ANP  
Kimberly Johnson, APN  
Christina Maenle, APRN  
Julie Williams, APN

## **CERTIFIED NURSE MIDWIFE**

Erin Crawley, CNM  
Teresa Hall, CNM  
Brenda Hanson, CNM  
Sue Hanson, CNM  
Carole Inglis, CNM  
Kala Kluender, CNM  
Kerrie Kuhl, CNM  
Susan Mitchell, CNM  
Bonnie Sihler, CNM  
Alexandra Woolley, CNM

## **DERMATOLOGY**

Kelly Thomas, MD

## **EMERGENCY MEDICINE**

Charles Abramson, DO  
Sabrina Adams, MD  
Brandy Drake, MD  
Kelly Glenn, DO  
David Hile, MD  
Kimberly Levin, MD  
Travis Martin, MD

Braden Meason, MD  
Gregg Minion, MD  
Benjamin Peery, MD  
Michael Stahl, MD  
Elizabeth Tai, MD

## **FAMILY PRACTICE**

Casey Aguirre, DO  
Angela Ammon, MD  
Maria Chansky, MD  
Corey Dobson, MD  
Dennis Eicher, DO  
Andrew Gisleson, DO  
Anneliese Heckert, DO  
Gary Knaus, MD  
David Lorah, MD  
Konrad Nau, MD  
Matthew Percy, MD  
Sarah Rieves, MD  
Crystal Roney, MD  
Charles Salmen, MD  
Paul Salmen, MD  
Daniel Smith, DO  
Lauren Sontag, MD  
Kimball Spence, DO  
Elizabeth Spidell, DO  
Chris Tonozzi, MD  
Ivy Hansen, PA-C  
Andrew Henrichs, PA-C  
Gregory Holley, PA-C  
Edlin Jara-Molinar, PA-C  
Rebecca Urquhart, PA-C  
Jennifer Lang, FNP

## **GASTROENTEROLOGY**

Robert Dy, DO  
Ellen Dy, MD  
Stephen Laird, MD  
Gerard Tomasso, MD

## **GENERAL SURGERY**

Bradley Nichol, MD  
Randall Ross, MD

## **GYNECOLOGY**

James O'Donnell, MD

## **HOSPITALIST**

Brett Hesse, MD  
Roly Kanard, MD  
Jennifer York, DO  
Douglas Amis, PA-C  
Eleanor Haring, PA-C  
Catharine McLean, PA-C  
Shane Musgrove, PA-C  
Elizabeth Belanger-Shugart, APN  
Heather Fochesato, APN  
John Van Nostrand, APN  
Leah Burpee, NP

## **INFECTIOUS DISEASE**

Melanie Enderwick, MD

## **INTERNAL MEDICINE**

Susan Inscore, MD  
Tess Jankovsky, MD  
Tom Morton III, MD  
Steven O'Brien, MD  
Martha Oppegard, MD  
Steven Zeiler, MD  
Robert Nelson, PA-C

## **MEDICAL ONCOLOGY**

Armando Armas, MD  
Douglas Rovira, MD  
Matthew Stinson, PA-C  
Kim Burns, APN

## **NEONATOLOGY**

Karlene Lambuth, APN

## **NEUROLOGY**

Jeffrey Siegel, MD  
Whitney Scurlock, PA-C

## **NEUROSURGERY**

Wade Ceola, MD  
David Miller, MD  
Natalie Arena, PA-C

## **OB/GYN**

Joel Dickens, MD  
Alan Dulit, MD  
Cynthia Hall, DO  
Brooke Halliwell, DO  
Katie Mang-Smith, MD  
Emily McCarty, MD  
Virginia Weathers, MD

## **OPHTHALMOLOGY**

Matthew Ehrlich, MD

## **ORAL MAXILLOFACIAL SURGEON**

George Haltom III, DDS

## **ORTHOPAEDICS**

Robert Adams, MD  
Christopher George, MD  
Michael Grillot, MD  
Ferdinand Liotta, MD  
Thomas Moore, MD, PhD  
Izaak Fitzgerald, PA-C  
Joshua Peters, PA-C

## **OTOLARYNGOLOGY**

Matthew Goodstein, MD

## **PALLIATIVE CARE**

Katherine Morrison, MD  
Maurice Scott, MD

Matthew Stinson, PA-C  
Elizabeth Belanger-Shugart, NP

## **PATHOLOGY**

George Holmes III, MD  
Robert Macaulay, MD

## **PEDIATRICS**

David Brooks, MD  
Ellen Brooks, MD, FAAP  
Caitlin Hall, DO  
Eric Hall, DO  
Heather Gardner, MD  
Craig Martin, MD

## **PHYSICAL MEDICINE & REHABILITATION**

Michael Campian, DO  
Giora Hahn, MD

## **PLASTIC SURGERY**

Jennifer Butterfield, MD  
William Martin, MD

## **PODIATRY**

Noel Armstrong, DPM  
Sally Servold, DPM  
Mark Kane, PA-C

## **PSYCHIATRY**

Peter Wiley, MD

## **PULMONOLOGY**

Suresh Khilnani, MD  
Jenny Queen, PA-C

## **RADIOLOGY**

Christopher Bartlett, MD  
Jason DiCarlo, MD  
Elena Motuzko, MD  
John Nystrom, MD  
William Weathers, MD  
Harold Young, MD

## **RADIATION ONCOLOGY**

David Marcus, MD  
Peter Rossi, MD

## **SURGICAL FIRST ASSIST**

Penny Bortz, RNFA  
Lori Hubbell, RNFA

## **THORACIC SURGERY**

John Mehall, MD  
Derrick Kooker, PA-C

## **UROLOGY**

Jeffrey Fegan, MD  
Jamie Lowe, MD  
Brian Murphy, MD



## Nursing at Valley View

## EXCELLENCE THROUGH COMPASSION



**Sandra Hurley, MS, RN, NE-BC**  
*Chief Nursing Officer*

Nurses at Valley View continue to lead the organization with integrity, compassion and kind hearts. Whether they are volunteering their time helping underprivileged families at Habitat for Humanity or Extended Table, saving lives in our critical care unit or helping patients prevent chronic diseases through lifestyle coaching, nurses at Valley View set a high bar for achievement in their profession.

# - 2018 NURSING HIGHLIGHTS -

**Presentations** Dawn Sculco, MS, CNS, CCRN, of our Critical Care Unit, presented at the National Association of Healthcare Quality annual conference with a exhibition on embracing accountability for fall prevention.

**DAISY Award** The national DAISY Award program honors nurses for the super-human work they do for patients and families every day. The extraordinary acts of compassion and the relationships built with patients truly do make a difference. Valley View honors DAISY Award recipients on a quarterly basis. The following individuals were recognized in 2018:

**Natalie Markuson, RN | Sandi Spencer, RN | Sara Houston, RN | Kim Martin, RN**

**Evidence-based Projects** Nurses at Valley View continue to host an annual evidence-based practice symposium to share knowledge across Valley View's network of hospital departments, physician practices, specialty centers and clinics. In 2018, two projects were selected to be presented at the state evidence-based practice symposium in 2019. Nancy Billington, RN, and Marianne Stallings, RN, will present on protecting the health of surgical staff and patients, and Michelle Spidell, RN, will present on outcomes from pre-placed PEG tubes for patients with head and neck cancer.

## Nursing by the Numbers

**280** nurses at Valley View



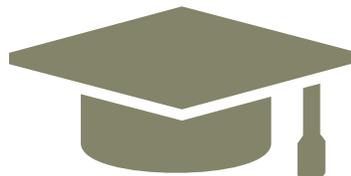
nurses completed specialized certification programs **14**

**24%** nationally certified in their specialty



nurses earning a Masters **7**  
nurses earning a BSN **11**  
nurses earning a RN **4**

**65%** nurses who have a bachelor's degree or higher



nurses with associate degrees **32.5%**

**3** nurses awarded a master of science in nursing scholarships\*



nurses awarded a bachelor of science in nursing scholarships\* **14**

\*scholarships provided by the Valley View Foundation



## The Heart & Vascular Center at Valley View

### HOME IS WHERE THE HEARTCARE IS

In 2018, The Heart & Vascular Center at Valley View continued to put emphasis on expanding the geographic boundaries of services and now have established clinics to serve the residents of Eagle, Glenwood Springs, Rifle, Battlement Mesa, Meeker, Rangely and Grand Junction. The Center also looks to expand its services to Fruita in 2019.

In order to enhance its community approach to the management of cardiovascular disorders, the Heart & Vascular Center has also sought to continue the roll out of their Community Compact Agreements, with ongoing relationships with the communities of Aspen, Snowmass, Rifle, Vail and Meeker. For patients, this means convenient access to cardiovascular care close to home.





Frank A. Laws, MD, FACC



Derrick Kooker, PA-C; Nicholas Miller, LP, MSA, CCP, PhD;  
Qaisar Khan, MD, FACC, FSCAI; John Mehall, MD, FACS



Leslie Bean, ANP

In 2018, the Advanced Catheterization Laboratories saw a 17 percent increase in tabled cases. Were it not for the services provided by the Heart & Vascular Center, many patients would need to travel great distances from home in order to receive the cardiac care they need.

During 2018, several talented physicians joined the Heart & Vascular Center. New physicians included Interventional Cardiologist Qaisar Kahn, MD, and Minimally Invasive Cardiothoracic Surgeons John Mehall, MD, and Patrick Rudersdorf, MD. Advanced Nurse Practitioner, Leslie Bean, ANP, who specializes in risk factor management of coronary artery disease, also joined the team.

With the addition of these providers and their unique skill sets, several procedures are now available in the Advanced Catheterization Laboratories at Valley View Hospital, including the left atrial appendage clip, minimally invasive thoracotomies, complex atrial fibrillation ablations utilizing the convergent plus approach, and complex lower extremity venous ablations.

In 2019, the Heart & Vascular Center aims to further increase its scope of service, including minimally invasive cardiovascular surgical and complex atrial fibrillation ablations.



## Performance Improvement 2018 Highlights

### **Quality care**

Valley View's commitment to quality resulted in high marks for the safety of the care we provided in 2018. Valley View's overall scores for patient experience were better than the national benchmarks in all categories, including communication with physicians and nurses, our hospital environment and information provided at discharge. Valley View also scored better than national averages for the average length of stay, readmissions, complications and mortality rates.

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### **Antibiotic stewardship**

Valley View initiated an antibiotic stewardship program to guide the appropriate use of antibiotics, as well as implemented a sepsis work group to lower the rates of sepsis.



## Patient Safety

In 2018, Valley View's Safety Coach program received national recognition, and Valley View now has 50 safety coaches throughout the organization to educate fellow staff and patients on the importance of following best practices and protocol. Ann Marie Stein, Executive Director of Organizational Quality and Patient Safety, was a national speaker at the Press Ganey Patient Safety Conference in November 2018, speaking on the success of the program.

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Valley View Safety Coaches

## Patient-Centered

Our Patient Family Advisory Council (PFAC) continues to provide insight on ways to improve the quality of patient and family care at Valley View. Our PFAC is comprised of current and former patients who meet monthly to discuss their perspectives regarding the care they received. This shared relationship with patients to identify concerns, provide feedback on current systems and generate new ideas to improve the standard of care allows Valley View to truly identify as a patient-centered organization.

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## Just Culture

All Valley View employees were trained in Just Culture and began implementing those principles in the third quarter of 2018. Just Culture supports our journey to become a highly reliable organization by looking at systems to improve our care. Valley View's Good Catch program recognizes staff for their effort in making "good catches" to prevent unanticipated outcomes from occurring. Good Catches are shared at the daily, hospital-wide, safety huddle and recognized in a prominent display in the Valley Café.



Kimberly Burns, NP, practicing Just Culture



# Breast Health Team

Multidisciplinary Care

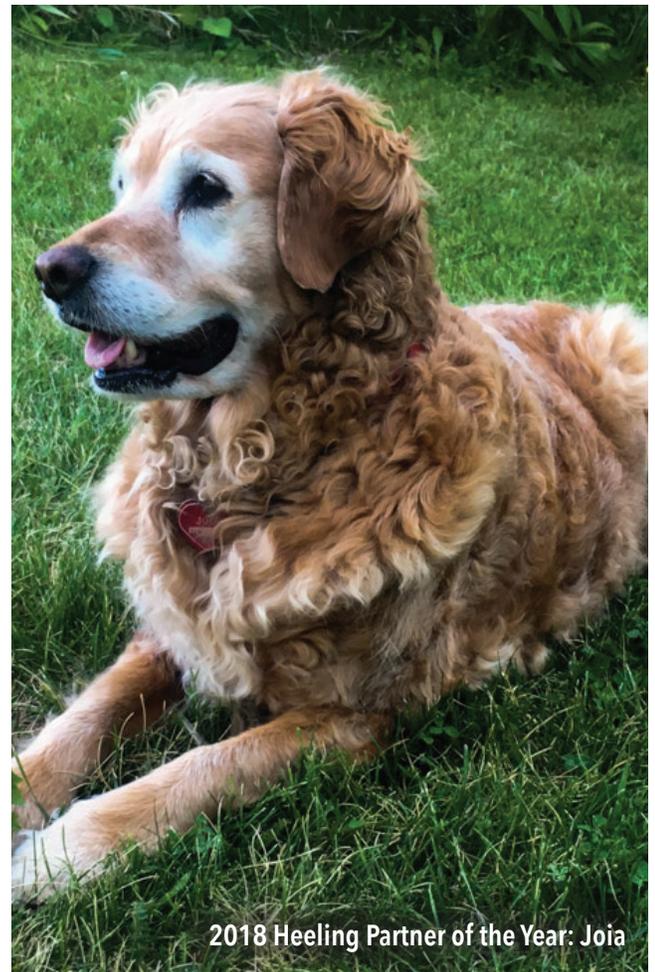
## WITH YOU EVERY STEP OF THE WAY

Valley View introduced the Breast Health Team in 2018, bringing together specialists from around the organization to offer a seamless experience for patients across multiple practice and clinic settings. This full spectrum of services provides patients with continued care, starting with healthy breast screening, to diagnostic imaging, to the treatment and recovery services offered through Calaway•Young Cancer Center, including genetic counseling, nutrition counseling and integrated therapies. This coordinated approach to breast health means we're with you every step of the journey.





2018 Volunteer of the Year: David Kerr



2018 Healing Partner of the Year: Joia

## Volunteers at Valley View

### FIND YOURSELF IN SERVICE

Volunteers at Valley View serve our community in personalized and compassionate ways. Valley View is grateful to our volunteers for their years of dedication and support to our patients and staff. Their passion for service is an inspiring and uplifting reminder of what PeopleCare is all about.

Volunteers

**156**



**17**

Junior  
volunteers

Hours  
donated

**13,000**



**500**

Baby hats &  
blessings  
blankets

Musical hours  
donated

**300**

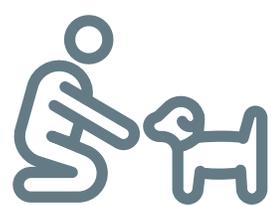


**2,061**

Meals delivered  
via Meals on  
Wheels

Prayer shawls  
provided

**700**



**53**

Days of Healing  
Partners visits





## Healthcare Innovation and Practice Transformation

A number of Valley View's primary care practices are taking part in practice transformation programs aimed at providing whole-person health with the integration of medical and behavioral health.

Roaring Fork Family Practice in Carbondale has committed to improving the health of their patients by participating in the Colorado State Innovation Model (SIM), a federally funded, governor's office initiative that helps primary care providers integrate behavioral health into their practice model and succeed in alternative payment models. Roaring Fork Family Practice was one of seven practices in Garfield County to participate in SIM and

was part of the first cohort of practices. Internal Medicine at Valley View is currently in the second cohort.

"It was a culture change with continuous education," says Jen Bouchet, a licensed clinical social worker at Roaring Fork Family Practice. "It didn't happen overnight."

Patients also noticed and appreciated the work done by the practice. "It's powerful for me, as a patient, to land somewhere where I feel well taken care of," says Mary Catherine Conger, a patient at Roaring Fork Family Practice.

"The team-based approach to care makes a huge difference," says Dr. Gary Knaus.



“Integrated behavioral health has changed the way we approach this. You feel like you’re leaving a lot on the table with those patients with complex medical and social support needs. Now our ability to have this bigger team working together makes a difference.”

For Women’s Health and Eagle Valley Family Practice, participation in CO-Earth (Colorado Expanding Access to Rural Team-based Healthcare) has had a lasting impact on patients. CO-Earth is a similarly funded SIM initiative whose goal is to improve the health of Coloradans by increasing access to integrated physical and behavioral healthcare services in coordinated systems to test value-based payment systems.



**Jennifer Bouchet, LCSW**  
*Licensed Clinical Social Worker*

Lilia Larken, a licensed clinical social worker at Women’s Health, appreciates the seamless coordination between the care that she can provide along with the rest of the medical team.

“We have a mind, body and spirit approach to medicine and mental health, and an integrated system includes a licensed behavioral health provider on the medical care team,” Larken explains. “We are a high quality, multidisciplinary, team approach to medicine.”

“Lily came into the picture when I needed help adjusting to the idea of being pregnant,” says Courtney Herrell, a patient at Women’s Health. “When I lost the pregnancy, she helped me with all the struggles that come with losing a child.”

As the way healthcare is provided and reimbursed continues to change, Valley View’s commitment to whole-person health is reflected in the work of these programs.



**Lilia Marie Larkin, LCSW, CLC**  
*Behavioral Health Provider, Certified Lactation Counselor*



## Community Involvement

Our doors opened in 1955 after a successful community drive to raise the funds necessary to build a hospital. Our commitment to the health of the Roaring Fork and Colorado River Valley communities extends beyond the walls of our facility.

### **School District Athletic Trainers**

For over 20 years, Valley View has invested in the Roaring Fork School District by providing a majority of the staff salaries for the athletic trainers at Basalt High School, Roaring Fork High School and Glenwood Springs High School to ensure our student athletes are participating to the utmost of their abilities in a safe and fun environment. Athletic trainers make sure our kids are healthy to practice and compete at high levels.

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### **DocTalks**

Our popular physician-lead program covers a range of health-related topics. In 2018, DocTalks were presented on heart care, orthopaedics, diabetes and prostate health. The presentations allow attendees to speak one-on-one with a physician and allows our physicians to share their passion and approach to medicine.



## Kids and Teens Safety Fair

Our annual fair for kids and adolescents provides complimentary helmets, car seat checks and fun safety-related activities including a bike rodeo!

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## Health Fairs

For 16 years, Valley View's Community Health Fairs have offered low-cost and no-cost health screenings, so patients can be their own best health advocates. A full blood screening profile provides patients with baseline health information that can then be shared with their primary care provider.

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## Senior Life Expo

Seniors in our region are anything but typical. From 99 year old 100-day skiers to octogenarian ultra-marathoners, seniors want healthcare solutions to complement their active lifestyles. In September 2018, the Heart & Vascular Center at Valley View participated in the Senior Life Expo in Grand Junction, connecting the community with needed healthcare services.

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## Valley Health Alliance

Valley View continues to partner with the largest employers in the Roaring Fork and Colorado River Valleys to help manage the cost of healthcare and improve the health and well-being of its employees, their families, the organizations themselves and the community at-large.

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## Tobacco Cessation

The Tobacco Cessation Program at Valley View uses the personalized Quit Smart Program, consisting of three small group classes to assist patients in their smoking cessation goals. Additional resources such as pulmonary function testing, carbon monoxide monitoring, reference books from the Connie Delaney Medical Library and the services of Integrated Therapies at Valley View also support patients on their way to quitting.



Kids and Teens Safety Fair



Community Health Fair



## Valley View Foundation

### EXCELLENCE THROUGH PHILANTHROPY

In 2018, individuals and businesses in our community donated over \$1.6 million to accelerate excellence in healthcare at Valley View and ensure world-class care is available locally for our family, friends and loved ones.

This incredible display of generosity supported initiatives throughout Valley View, including cutting-edge heart care, the launch of a comprehensive breast health program, support for patients of the Calaway•Young Cancer Center, nursing scholarships, preventative medicine for cardiovascular disease, bike helmets for kids, educational resources and much more.

Together, gifts large and small make a big difference. Valley View employees alone raised nearly \$70,000, exemplifying

dedication from within the organization. This demonstrates a genuine belief in the importance of the work done at Valley View. This sentiment is echoed by support from the broader community. The direct impact of this collective generosity can be seen in the services, treatments and

resources Valley View is able to provide. These contributions make it possible to have access to outstanding care in a healing environment close to home.

Every day, philanthropy plays an important role at Valley View. As a nonprofit, community-based organization, Valley View does not receive tax revenues. One hundred percent of all donations received by the Foundation go directly to the program specified.

When you give to Valley View, you are supporting strong, local, independent healthcare today and into the future.





Your  
gift  
matters.

THANK YOU TO ALL OF OUR DONORS  
AND PARTNERS WHO MAKE IT POSSIBLE  
TO ACHIEVE EXCELLENCE IN HEALTHCARE.

Foundation staff: John Quinn, Stacey Gavrell  
Bridgid Dunlap, Lisa Girardot

## VALLEY VIEW FOUNDATION 2018 GIVING OPPORTUNITIES

### Health4Life

In 2018, the Foundation successfully concluded a campaign to raise \$200,000 to launch Health4Life. This program is designed to help prevent heart disease and strokes in our community. Health4Life aims to make lasting changes in diet and exercise through a clinically supervised program, prior to a cardiac event.

Thanks to the generosity of our supporters, nearly 200 individuals completed the Health4Life program during its launch.

### HeartCare

Minutes matter during a cardiac emergency. Donations help ensure world-class heart care is available locally, not hours away.

To date, local philanthropists have provided more than \$1.8 million to support cutting-edge technologies in the new Advanced Catheterization Laboratories at Valley View. Dr. Frank Laws and his team of providers are performing procedures normally reserved for major academic medical centers. The techniques used at Valley View translate to saved lives, quicker recovery times and a lower risk of infection. Philanthropic support made this exponential advancement in cardiovascular care possible.

### Rally the Valley

Science and medicine can cure cancer. Radiation, chemotherapy and surgery can treat the disease. Yet, healing a person takes more. It requires a comprehensive approach that not only treats the cancer but addresses the mind and spirit. That is why we rally all year-round to support patients at the Calaway•Young Cancer Center.

Funds donated to Rally provide integrated therapies, including acupuncture and massage, support and survivorship programs and emergency assistance at no cost to the patient.

Stay tuned for details on our 2019 annual signature Rally the Valley event!

To learn more about 2019 initiatives, please visit [Vvh.org/Foundation](http://Vvh.org/Foundation) or contact us at 970.384.6620.

## - OUR LEGACY -

*Recognizing individuals who help provide for the future of Valley View through their estate plan.*

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#### **Sunlight Mountain \$25,000 - \$49,999**

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*\* denotes Valley View's  
Cornerstone employee giving*





# Financial Overview

**TOTAL NET OPERATING REVENUE**  
\$251,323,692

**SALARIES , WAGES, BENEFITS**  
\$120,123,975

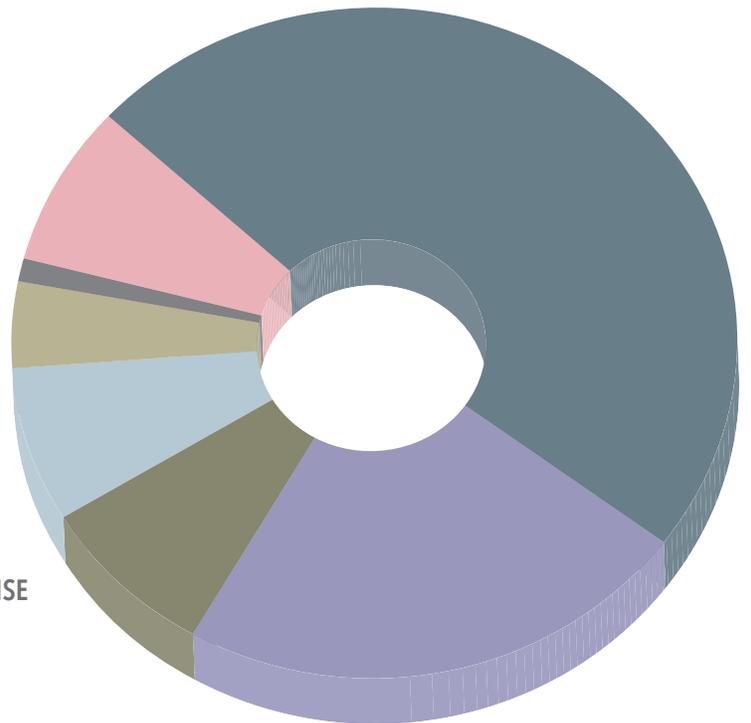
**SUPPLIES AND OTHER EXPENSES**  
\$41,396,218

**PURCHASED SERVICES**  
\$39,405,418

**DEPRECIATION, AMORTIZATION,  
INTEREST**  
\$22,279,582

**NON-OPERATING REVENUE/EXPENSE**  
\$5,469,909

**CHARITY, MEDICARE, MEDICAID  
UNCOMPENSATED CARE**  
\$39,515,870







*PeopleCare.  
That's Valley View.*

1906 BLAKE AVENUE  
GLENWOOD SPRINGS, CO  
81601

970.945.6535  
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