

2012

Executive Summary

Valley View Hospital

COMMUNITY HEALTH NEEDS ASSESSMENT



Center for Health Administration
University of Colorado Denver

EXECUTIVE SUMMARY

OVERVIEW

The Center for Health Administration (CHA) at the University of Colorado Denver was retained to conduct data collection for the 2012 Community Health Needs Assessments (CHNA) for Valley View Hospital per Internal Revenue Code requirements. As part of the Affordable Care Act of 2010, each freestanding non-profit (501-c3) hospital is required to conduct a CHNA every three years. This report is the first CHNA on behalf of Valley View Hospital that complies with the IRS mandate. This CHNA describes the health status of the hospital's community and is to be used by the hospital and other collaborators when it develops an implementation plan that addresses the identified community needs. The CHNA will be submitted to the IRS with the implementation plan.

METHODOLOGY

Data for the Community Health Needs Assessment (CHNA) was predominantly collected from the Colorado Department of Public Health and Environment (CDPHE). The CDPHE's Colorado Behavioral Risk Factor Surveillance System Survey was used to determine information about adult behaviors that impact health, such as substance abuse, eating and exercise habits, and smoking. The national Youth Risk Behavior Survey was consulted to determine behaviors that impact the health of students in 9th through 12th grades. The CDPHE's data base was also probed for information on mortality rates for a variety of health indicators. Many other sources were also used to provide information relevant to each topic area.

This report mirrors applicable parts of the CDPHE's Colorado's 10 Winnable Battles which identifies key health issues where progress can be made in the next five years. By aligning with the CDPHE, Valley View Hospital joins forces with an ally in efforts to make an impact on improving the health of its hospitals' communities. Through this process, Valley View Hospital also meets stipulations set by the Affordable Care Act (ACA) that requires hospitals to collaborate with their Public Health Departments to improve their communities' health.

To ensure alignment with publically available CDPHE data, Colorado counties make up the geographic area for the 2012 CHNA. The Primary Service Area for Valley View Hospital (VVH) is Garfield County. Other counties are included for comparison purposes only.

HEALTH INDICATORS

The health indicators that were chosen for this report were selected based on publically available CDPHE data, and many were also identified as part of Colorado's 10 Winnable Battles. The health indicators are as follows:

- Overall Health Status
- Access
- Cancer
- Diabetes
- Heart Disease and Cerebrovascular Disease
- HIV/AIDS
- Communicable Disease
- Injury
- Mental Health
- Obesity, Nutrition and Physical Activity
- Oral Health
- Sexual Health
- Substance Abuse
- Tobacco

COMMUNITY HEALTH NEEDS ASSESSMENT SUMMARY TABLE

The following Community Health Needs Assessment (CHNA) Summary Table shows, at a glance, the health status of the counties in the hospital's primary service area. Each health indicator has several measurements that are rated in comparison to the state average. Indicator rates that are worse than the state average are given a red square, indicator rates that are better than the state average are given a green square, and indicator measurements that are within +/- 1.0% of the state average have a yellow square.

| | |
|---------|--------------------------------|
| Better | Within +/- 1.0% of state rate. |
| Average | |
| Worse | |

If county data is not available, then state rates are compared to national rates, but only if the two are comparable. The same colored legend is used for comparing state and national rates. Not Available (N/A) is typically due to absent data or a small sample size that cannot demonstrate statistical significance.

| Valley View Hospital | | | | | | |
|-----------------------------------------|-------------------------------------------------------------------------------------------|----------|-------|--------|--------|-------|
| Community Health Needs Assessment | | | | | | |
| Health Issue | Measurement | Garfield | Eagle | Summit | Pitkin | State |
| Access | Health care coverage | | | | | |
| | Eligible adults not enrolled in Medicaid | | | | N/A | |
| | Eligible children not enrolled in Medicaid | | | | | |
| | Eligible children not enrolled in CHP+ | | | | | |
| | | | | | | |
| Cancer | Clinical breast exam and mammogram | | N/A | N/A | N/A | |
| | Had PAP smear in last 3 years | | N/A | N/A | N/A | |
| | Colonoscopy (within 10 years)/ Sigmoidoscopy (within 5 years)/ FOBT (Within 1 year) | | N/A | N/A | N/A | |
| | Use method of sun protection - adult | | | N/A | N/A | |
| | Use method of sun protection - children | N/A | N/A | N/A | N/A | |
| | Mortality rate breast cancer | | | N/A | | |
| | Mortality rate cancer cervix uteri | N/A | N/A | N/A | N/A | |
| | Mortality rate cancer colon & rectum | | | | N/A | |
| | Mortality rate cancer melanoma skin | | | N/A | N/A | |
| | Mortality rate cancer prostate | | | N/A | | |
| Mortality rate trachea, bronchus, lungs | | | | N/A | | |

| Valley View Hospital | | | | | | |
|-------------------------------------------|---------------------------------------------------------------------------------------------------|----------|--------|--------|--------|--------|
| Community Health Needs Assessment | | | | | | |
| Health Issue | Measurement | Garfield | Eagle | Summit | Pitkin | State |
| Communicable Diseases | Had a flu shot in past 12 months | Red | Red | Red | Yellow | |
| | Ever had pneumonia vaccination | Red | Red | Red | Yellow | |
| | Hepatitis A incidence | Yellow | Red | N/A | Red | |
| | Hepatitis B incidence | Green | Green | Green | Green | |
| | New pertussis cases | Green | Green | N/A | Red | |
| | Tuberculosis incidence | Yellow | Yellow | Yellow | Yellow | Yellow |
| Diabetes | Adults told by doctors that they have diabetes (excludes gestational diabetes) | Yellow | Green | Green | Green | |
| | Diabetes death rates | Green | Green | N/A | N/A | |
| Heart Disease And Cerebrovascular Disease | Ever been told by a doctor, nurse, or other health professional that you have high blood pressure | Red | Green | Green | Red | |
| | Checked cholesterol in the past 5 years | Red | Red | Green | Green | |
| | High cholesterol rates | Red | Green | Green | N/A | |
| | Heart disease deaths | Red | Green | Green | Green | |
| | Cerebrovascular disease deaths | Green | Green | Green | Green | |
| Injury | Seat belt use | Red | Green | Red | Green | |
| | Motor vehicle deaths | Red | Red | N/A | Red | |
| | Fall related hospitalizations among older adults (age 65+) | Green | Green | Green | Green | |
| Mental Health | Mental health not good for 1-7 days in the last month | Yellow | Red | Yellow | Green | |
| | Mental health not good for 8 or more days in the last month | Yellow | Green | Green | Green | |
| | Suicide mortality rates | Yellow | Red | Green | Red | |
| Obesity, Nutrition, and Physical Activity | Overweight and obese adults | Green | Green | Green | Green | |
| | Overweight and obese children | Red | Red | Yellow | Green | |
| | Adults fruit and vegetable consumption 5 or more a day | Green | Green | Green | N/A | |
| | Children who ate fruit 2 or more times and vegetables 3 or more times in a day | Green | Green | Green | Green | |

| Valley View Hospital | | | | | | |
|-----------------------------------|------------------------------------------------------------------------------------------|----------|-------|--------|--------|-------|
| Community Health Needs Assessment | | | | | | |
| Health Issue | Measurement | Garfield | Eagle | Summit | Pitkin | State |
| | Children who drank sweetened beverages one or more times per day | N/A | N/A | N/A | N/A | |
| | Adults: any physical activity in the past 30 days | | | | N/A | |
| | Children who were physically active at least 60 minutes/day for the past 7 days | N/A | N/A | N/A | N/A | |
| | Children who watched TV, played videogames or on computer at least 2 hours a day or less | N/A | N/A | | N/A | |
| | | | | | | |
| Overall Health Status | General health | | | | | |
| | Physical health not good for 1-7 days in the past 30 days | | | | | |
| | Physical health not good for 8 or more days in the past 30 days | | | | | |
| | Infant mortality rates/1000 live births | N/A | N/A | | N/A | |
| | Premature deaths | N/A | N/A | | N/A | |
| | | | | | | |
| Oral Health | Condition of teeth (children) | | | | | |
| | Third grade children with untreated tooth decay | | | | | |
| | Third grade children with sealants | | | | | |
| | Infants who get a checkup by age 1 year | | | | | |
| | Adults with tooth loss due to tooth decay and gum disease | | | | | |
| | | | | | | |
| Sexual Health and HIV/AIDS | Unintended pregnancy | | | | | |
| | Teen fertility rate | | | | N/A | |
| | Sexually active adults using birth control | N/A | N/A | N/A | N/A | |
| | Chlamydia incidence | | | | | |
| | Gonorrhea incidence | | | | N/A | |
| | Tested for HIV | | | | | |
| | New cases of AIDS | | | | N/A | |
| New cases of HIV | | | N/A | | | |
| | | | | | | |
| Substance Abuse | Binge drinking rates | | | | | |

| Valley View Hospital | | | | | | |
|-----------------------------------|----------------------------------------------------|----------|--------|--------|--------|-------|
| Community Health Needs Assessment | | | | | | |
| Health Issue | Measurement | Garfield | Eagle | Summit | Pitkin | State |
| | High risk drinking at least once in the past month | Yellow | Red | Red | Red | |
| | Drunk driving | Red | Yellow | N/A | N/A | |
| | Motor vehicle deaths due to alcohol | Red | Red | Green | Red | |
| | Chronic liver disease and cirrhosis death rates | Yellow | Green | N/A | Green | |
| | | | | | | |
| Tobacco | Smoking rates | Yellow | Green | Green | Green | |
| | Smoking trends | | | | | Green |
| | Tobacco use among high school students | | | | | Red |
| | | | | | | |