

## YRC Admission Criteria: Steps Towards Admission

To begin the process, we recommend calling the YRC Admissions Office at 970-384-7484, to ascertain if YRC is the next best step for the youth. You may also contact us by email: [YRCAdmissions@vvh.org](mailto:YRCAdmissions@vvh.org)

During that call, we will help determine if all the criteria for admission can be met. We will be looking for:

1. A history of prior treatment, which may include:
  - a. Outpatient substance abuse
  - b. Individual counseling
  - c. Residential treatment
  - d. Other inpatient care
  
2. A DUAL DIAGNOSIS. If there is not a dual diagnosis, a new evaluation must be scheduled with your local provider. The dual diagnosis must include:
  - a. A specific Substance Use Disorder(s)
  - b. A mental health issue
  
3. A review of your health insurance plan.
  - a. Although we accept most plans, we find many do not cover a 6-week rehabilitation program that would be categorized as an inpatient level of care.
  - b. We find that straight Medicaid is our best payor source, as we are a hospital program with a special Medicaid contract.
  - c. While some families do not qualify for Medicaid, some youth may meet criteria in their county for a Department of Human Services intervention based on high risk behaviors requiring an "out of home placement." We can discuss this, although we cannot make this happen.
  
4. The youth must be motivated for help. We are not a locked unit and youth must come here voluntarily, even if they are court ordered. We are unable to hold someone against their will.

Once we review this process, we will ask you to go to our "Forms" link and download all the intake paperwork. The youth must fill out all the designated client forms, as well as sign the Release of Information. In addition, you will find forms for parents/guardians to complete.

Please be sure to list ALL professionals involved with the youth so that we may send out the Release Form (ROI) and obtain their clinical, legal, or other history for review.

Once the YRC file is completed, we will inform you of our next available bed date. Please be aware that this can range from 2 weeks to 2 months depending on the number of referrals we receive. The sooner we receive all of the paperwork, the sooner we can assign a date.

Several days before the actual admission date, someone from the team will contact you to set up a telephone interview with the youth. We understand that sometimes adolescents are not living at home, and we can call them wherever they are. The interview itself takes about 90 minutes. Normally, the admission date is a few days after the interview and we ask that you arrive on admission day at 8:00 AM.