

DETOX PROGRAMS

Recovery Resources

Aspen, Pitkin County Residents.....970.379.0955

Recovery Resources Summit Detox (Frisco).....970.368.6502

Mind Springs Health Detox (Grand Junction).....970.683.7000

COMMUNITY HEALTH

Colorado Quite Line Tobacco Cessation.....800.784.8669

Mountain Family Health Center Great Expectations

Newborns.....970.945.1234

Rocky Mountain Planned Parenthood

Birth Control, Gynecology, Counseling.....970.945.8631

Garfield Co. Public Health Nurse.....970.625.5200

or 970.945.6614

Mountain Valley Developmental Services

Developmental Delays.....970.945.2306

VA Clinic Glenwood Pregnancy Resource Center

Glenwood Springs.....970.945.5562

Rifle.....970.625.4181

Valley Settlement.....970.963.0851

DIABETIC EDUCATORS & PROGRAMS

Diabetes Self-Management Education and Support.....970.384.7555

Grand River Hospital.....970.625.6200

Aspen Valley Hospital.....970.544.7394

Internal Medicine at Valley View.....970.384.6707

SUPPORT GROUPS

Pathfinders (grief).....970.925.1226

Coffee, Walk & Talk (cancer).....970.384.7582

Cancer Center Support Groups.....VVH.org

Prostate Cancer Support.....970.948.9606

Brain Injury Support Eagle County.....970.343.0270

LOCAL SOCIAL SERVICES AGENCIES

Garfield County DHS.....970.625.5282

Eagle County DHS.....970.328.8840

Pitkin County DHS.....970.429.2040

Alpine Legal Services.....970.945.8858

Social Security Office.....800.772.1213

Lift-Up

Rifle.....970.625.4888

New Castle.....970.984.2115

Carbondale.....970.963.1778

Local Social Services Agencies continued

Salvation Army.....970.945.6976

Care Patrol (Partners with family to find placement).....720.675.8308

MountainSeniorServices@carepatrol.com

Fax 888.505.2718

Advocate Safehouse Project Crisis Number

Domestic Violence.....970.945.2632

Catholic Charities and Asistencia Para Latinos.....970.384.2060

Western Slope Veterans Coalition

Eagle County.....970.328.9674

Garfield County.....970.989.0084

Pitkin County.....970.429.6115

SHELTERS

Feed My Sheep (Glenwood).....970.928.8340

Grand Junction Homeless Shelter.....970.256.9424

TRANSPORTATION

The Traveler.....970.945.9117

Elias Transportation.....970.989.2477

High Mountain Taxi.....970.925.8294

Rockies Rides.....970.456.3104

PATS (Parachute).....970.285.7630

Sober Buddy Shuttle (Meeker).....970.930.2091

Meeker Streaker (Meeker).....970.456.7701

EMERGENCY NUMBERS

Ambulance, Fire, Police.....911

Poison Control Center.....800.222.1222



Community Resources and Services



VALLEY VIEW

1906 Blake Avenue
Glenwood Springs, CO 81601

970.945.6535 | VVH.ORG

Photo courtesy Glenwood Springs
Chamber Resort Association

Additional Western slope resources can be found at:
wc211.org or by calling 211 or 888.217.1215

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Community Resources and Services

This list of community resources may be helpful as you return home.

The list is not a recommendation or endorsement by Valley View.

Should you have questions about this list, please contact the Case Management Office at 970.384.6780.

SENIOR SERVICES

Philips Lifeline/Medical Alert.....800.543.3546

Mom's Meals.....www.momsmeals.com

Meals On Wheels

Rifle.....970.625.6423

Eagle.....970.328.8840

Valley Meals and More.....970.274.2632

West Mountain Regional Health Alliance - Eagle, Garfield,
Pitkin, CO.....westmountainhealthalliance.org

Senior and Disabled Housing

Golden Eagle - Eagle.....970.328.6970

Glenwood Manor I.....970.945.9326

Glenwood Manor II.....970.945.8322

Rifle Housing Authority.....970.625.3974

Sunnyside Retirement Ctr.....970.945.9234

Carbondale Housing Authority.....970.963.9326

Silt Senior Housing.....970.625.3589

Valley Senior Housing (Parachute).....970.625.3589

Garfield County Senior Programs

The Traveler; Nutrition; Senior Center RSVP.....970.945.9117

Eagle County Senior Center.....970.328.1005

HOME HEALTH CARE

Services of these agencies include nursing care, physical therapy, home health aides, speech and occupational therapy.

www.medicare.gov/homehealthcompare

Insurance accepted:

Right at Home.....970.456.4610

Abode Home Health Services

New Castle to Grand Junction.....970.540.0381

Home Care of the Valley (VA insurance only).....970.540.0381

Private duty:

Visiting Angels Living Assistance.....970.328.5526

Sopris Home Care.....970.230.9316

First Light Home Care.....970.945.9756

Abode Home Health Services

New Castle to Grand Junction.....970.540.0381

HOSPICE

Hospice of the Valley.....970.930.6008

Abode Hospice (Carbondale to Grand Junction).....970.658.8705

OXYGEN & EQUIPMENT

Oxygen, wheelchairs, beds, and other medical equipment rental/purchase

Aerocare (Silt).....970.876.1946

Fax 970.876.1909

AlpinAire Healthcare (Breckenridge).....970.453.8423

Fax 970.453.8417

Lincare (Grand Junction).....970.241.7744

Fax 866.320.0511

G&G Medical

Grand Junction.....970.245.9054

Fax 970.243.9028

Craig (supports NW CO & Vernal).....970.824.8347

Fax 970.824.2703

NURSING HOMES

www.medicare.gov/nursinghomecompare

Glenwood Springs Healthcare.....970.945.5476

Fax 970.366.3567

Grand River Care Center (Rifle).....970.625.1514

Fax 970.625.4482

Heritage Park Care Center

Carbondale.....970.963.1500

Memory Unit.....970.928.3235

Fax 970.928.3237

Colorado Veterans Nursing Home

Rifle (also has Memory Unit).....970.625.0842

Fax 970.625.3706

Castle Peak Senior Life and Rehabilitation

(also has Memory Unit).....970.989.2500

Fax 612.800.5424

ASSISTED LIVING

Whitcomb Terrace.....970.544.1530

Chateau at Rifle (accepts Medicaid).....970.625.4343

Heritage Park.....970.963.1500

Mesa Vista (accepts Medicaid).....970.285.1844

Castle Peak.....970.989.2500

Roaring Fork Senior Living (Memory Unit).....970.945.1121

Sopris Lodge (Memory Unit).....970.230.1468

REHABILITATION

Silt Rehab Services.....970.876.0900

Roaring Fork Physical Therapy.....970.927.9319

Heritage Therapy Services.....970.963.5765

Aspen Valley Hospital.....970.544.1177

Grand River Rehab.....970.625.6451

Personal Rehabilitation Center.....970.963.6600

Valley View Hospital (Outpatient).....970.384.7550

Eagle Rehab Services.....970.328.1540

New Castle Rehab Services.....970.984.9680

or 970.989.2500

SUBSTANCE ABUSE / MENTAL HEALTH

Alcoholics Anonymous.....888.333.9649

Discovery Café (Substance Abuse)

Basalt.....970.927.4666

Rifle.....719.650.5978

Mind Springs Health Crisis Line.....877.886.8192

Suicide Prevention Hotline.....844.493.8255

TEXT CO for Colorado specific at 741741 or Dial 988

Glenwood Springs

Alanon/ Alateen.....800.356.9996

Mountain Family Health Center.....970.945.2840

The Hope Center.....970.925.5858

Mind Springs Health.....970.945.2583

Momenta Recovery (women only).....970.930.6355

River Bridge Regional Center.....970.945.5195

Grand Junction

The Women's Recovery Center (women only).....970.245.4213

VA Hospital (vets only).....970.242.0731

West Springs Hospital.....970.263.4918

Circle Program.....970.245.4213

Eagle

The Hope Center.....970.306.4673

Rifle

Mountain Family Health Center.....970.945.2840

Aspen

A Way Out.....970.429.8605

The Hope Center.....970.925.5858

Aspen Strong.....aspensstrong.org

Carbondale

Aspire (women only).....970.445.0320

Jaywalker Lodge (men only).....970.704.9292