

Menu

Weeklu

The Valley Cafe

April 15-19

Monday	15-Apr	
	Chicken Masala	
	Italian Sausage & Peppers	Pancakes
	Linguini Aglio	
	Glazed Carrots	
	Spinach Cranberry Salad	
Sou	5: Chicken Noodle	
Tuesday	16-Apr	
- acouty	Peppered Flank Steak Onion Melt	Chorizo Tacos
	Chicken Tinga Bowl ~ Pico de Gallo	
	Oregano Black Beans	
	Cilantro Lime Rice	
	Southwest Chopped Salad	
	Coconut Cream Pie	
	b: White Chicken Chili	
Wednesday	17-Apr	
	Loaded Mac & Cheese	Omelet Bar
	Pulled Pork	
	Grilled Chicken Breast	
	Sautéed Mushrooms & Kale	
	Bacon Bits, Fried Onion, Green Onion	
	BBQ Sauce, Sriracha Sauce, Pico de Gallo	
	Superfood Salad	
Sou	o: Broccoli & Cheese	
Thursday	18-Apr	
	Blackened Salmon	Chilaquiles
	Chicken Parmesan Sub	-
	Wild Rice Blend	
	Snap Peas & Tomato	
	Panzanella Salad	
Sou	5: Vegetable Beef Soup	
Friday	19-Apr	
	Seared Ahi on Lettuce	
	Sweet and Sour Chicken	Biscuits n'
	Sticky Rice	Gravy
	Stir Fry Vegetables	2
	Asian Slaw	
Sou	5: Butternut Squash Soup	
	enu is subject to change due to availability.	

Eating Raw or undercooked meat, seafood or egg products can increase the risk of food borne illness